

		18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	22:30	23:00	
MA	UA Stadscampus	Cross Workout		Fatburning		BBB		Basketbal					
	KDG Campus Zuid	Yoga		Yoga Advanced		Pilates		Calorie Crush					
	Wilrijkse pleinen 1							ASL Outdoor					
	Wilrijkse pleinen 2					Rugby beginners							
	UA Campus Middelheim	Interfac											
	Zwembad Sportoase Veldstraat 1				Vrij Zwemmen								
	Zwembad Sportoase Veldstraat 2					Learn2Swim							
	AP Mechelen	Bootcamp											
DI	UA Stadscampus	ASL Indoor											
	UA Stadscampus buiten			Running Club									
	UA Campus Middelheim			Boxing Physics		Cross Workout							
	UA Campus 3 eiken (Taekwandozaal)		Yoga		Meditatie								
	KDG Campus Zuid	Zumba		BBB		HipHop Workout		Abs&Core					
	AP Turnhout	BBB											
WOE	UA Stadscampus	ASL Indoor											
	UA Campus Middelheim	ASL Indoor											
	UA Campus 3 eiken (Grote sportzaal)		BBB		Full Body Workout								
	KDG Campus Zuid	Bootcamp		Boxing Physics		HIIT		Rent me !					
	Wilrijkse pleinen					Rugby Advanced							
DO	UA Stadscampus	Calorie Crush		Zumba		Yoga		Volleybal					
	UA Campus 3 eiken (Grote sportzaal)		Badminton										
	KDG Campus Zuid	Sweat Sculpt		Cross Workout		Vrij Badminton + ASL							
	AP Mechelen	BBB											
	AP Turnhout	Bootcamp											
VR	UA Stadscampus	Boxing Physics		Futsal									
		18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	22:30	23:00	